



## >> LOGGING IN

Check your usernames and passwords before school starts to ensure everything is working properly. We can help change the current username/password if you are not satisfied with your current one.

An embedded URL allows for seamless access to the database from your school or library's website. We are happy to set this up for you! We can also add an IP address or IP range for automatic login!

## >> USAGE STATISTICS

You can view your account information and usage statistics for any page of the site. First, log into the site as a subscriber. Then click the link to the **Librarian/Educator Resources** in the footer of any page.

From the **Librarian/Educator Resources** page, click the link to **Usage Statistics** in the left navigation bar. Then simply log in with your administrative username and password to access your account information and usage statistics.

## >> LIBRARIAN/EDUCATOR RESOURCES

Make the most of your subscription by browsing the **Librarian/Educator Resources** section.

This section provides state, national, and provincial curriculum correlations, a list of database entries, user guide, lesson plans, and a variety of customizable promotional materials for download, including posters, web buttons, bookmarks, a customizable hotlines page, and more.

## >> FEATURES INCLUDE

- Instant translation into 90 languages
- Text-to-speech supports challenged readers and ELLs
- FREE Teen Hotlines mobile app for iPad, iPhone, and Android tablets
- Personal Story Project and "It's Your Cause" Video Challenge give teens the opportunity to share their stories and get published
- Customizable hotlines for local community resources

## >> LINKS TO HELPFUL TOOLS:

**Promotional Materials:** <http://www.teenhealthandwellness.com/static/promotionalmaterials>

**Lesson Plans:** [http://www.teenhealthandwellness.com/static/casestudies\\_lessonplans](http://www.teenhealthandwellness.com/static/casestudies_lessonplans)

**Web Buttons:** [http://www.teenhealthandwellness.com/static/web\\_ads](http://www.teenhealthandwellness.com/static/web_ads)

**>> PROMOTE THE DATABASE AS A RESEARCH TOOL!**

- Articles all have built-in citations
- Articles can be emailed and shared
- Directs users to related articles and recommended reading lists

**>> PROMOTE THE DATABASE AS A SELF-HELP RESOURCE!**

- Myths and Facts sections present information in a straightforward manner
- Personal stories from other teens share first-hand experiences
- Dr. Jan's Q&A provides qualified mental health advice
- Resources provide outside, credible websites and organizations
- Hotlines button is available with an easy click

**>> INCORPORATE INTO YOUR LIBRARY OR CLASSROOM!**

- Check out the curriculum correlations
- Use the resource during special events:
  - Anti-Bullying Week
  - AIDS Awareness
  - Election year activities
  - Digital citizenship and cyber safety training
- Summer reading tie-ins: research topics and challenges in books
- Create a Teen Advisory Board to find out what the biggest issues are in your community
- Encourage teens to share their own stories in the Personal Story Project and "It's Your Cause" Video Challenge

**>> PROMOTE IN YOUR SCHOOL OR LIBRARY!**

- Download the mobile app or share promotional materials in a school or library orientation
- Add **Teen Health & Wellness** to your school or library's website using our web buttons or a simple link
- Hang posters around your building—in the library, on bathroom doors, etc
- Put bookmarks at your circulation desk and on relevant bookshelves
- Feature **Teen Health & Wellness** in a school newspaper or school newsletter
- Make sure parents know about Teen Health & Wellness—share during back-to-school nights and parent/teacher conferences

Visit the Librarian/Educator Resources page at [www.teenhealthandwellness.com/static/educatorresources](http://www.teenhealthandwellness.com/static/educatorresources) and sign up for our newsletter for more ideas!

Contact us via email at [customer\\_support@teenhealthandwellness.com](mailto:customer_support@teenhealthandwellness.com)

Contact us toll-free by phone at 1-877-381-6649

Contact us by mail at Teen Health & Wellness, Rosen Publishing, 29 East 21st Street, New York, NY 10010