

## Teen Health & Wellness

real life • real answers

### » LOGGING IN

Check your user names and passwords before school starts to ensure everything is working properly. We can help change the current username/password if you are not satisfied with your current one.

An embedded url would allow for seamless access to the database from your library's website. This is a very simple process and we would be happy to help you set this up! We can also add an IP address or an IP range for automatic log-in!

### » USAGE STATISTICS

You can view your account information and usage statistics from any page of the site. First, log into the site as a subscriber. Then click the link to the **Librarian/Educator Resources** in the footer of any page.

From the **Librarian/Educator Resources** page, click the link to **Usage Statistics** in the left navigation bar. Then simply log in with your administrative user name and password to access your account information and usage statistics.

### » LIBRARIAN/EDUCATOR RESOURCES

Make the most of your subscription by browsing the **Librarian/Educator Resources** section.

This section provides state and national curriculum correlations, a full list of database entries, a user guide, lesson plans, and a variety of customizable promotional materials for download, including full-color posters, Web widgets, buttons and banners, book marks, a customizable hotlines page, and more.

### » NEW FEATURES

- Instant translation into over 50 languages
- Text-to-speech supports struggling readers and ELLs
- FREE mobile app for iPad, iPhone, and iPod Touch available in the iTunes store
- Personal Story Project and "It's Your Cause" Video Challenge give teens the opportunity to share their stories and get published
- Customizable hotlines for local community resources

### » QUICK LINK SHEET TO HELPFUL TOOLS:

**Promo Materials:** <http://www.teenhealthandwellness.com/static/promotionalmaterials>

**Lesson Plans:** [http://www.teenhealthandwellness.com/static/casestudies\\_lessonplans](http://www.teenhealthandwellness.com/static/casestudies_lessonplans)

**Online Webinars:** <http://www.teenhealthandwellness.com/static/training>

**Web Widgets Buttons and Banners:** [http://www.teenhealthandwellness.com/static/web\\_ads](http://www.teenhealthandwellness.com/static/web_ads)

Contact us via email at [customer\\_support@teenhealthandwellness.com](mailto:customer_support@teenhealthandwellness.com)

Contact us toll-free by phone at 1-877-381-6649

Contact us by mail at Teen Health & Wellness, Rosen Publishing, 29 East 21st Street, New York, NY 10010

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**» PROMOTE THE DATABASE AS A RESEARCH TOOL!**

- Articles all have built-in citations
- Articles can be emailed and shared
- Directs users to related articles and recommended reading lists

**» PROMOTE THE DATABASE AS A SELF-HELP RESOURCE!**

- Myths and Facts present the info in a straightforward manner
- Personal stories from other teens share first hand experiences
- Dr. Jan's q&a provides qualified mental health advice
- Resources provide outside, credible websites and organizations
- Hotlines buttons are available with an easy click

**» INCORPORATE INTO YOUR LIBRARY OR CLASSROOM!**

- Check out the curriculum correlations
- Use the resource during special events:
  - Anti-Bullying Week
  - AIDS Awareness
  - Election year activities
  - Digital citizenship and cyber safety training
- Create programs that can use the database
- Summer reading tie-ins: research topics and challenges in books
- Create a Teen Advisory Board to find out what the biggest issues are
- Start a Study Break before finals to promote good study habits and stress management
- Encourage teens to share their own stories in the Personal Story Project and "It's Your Cause" Video Challenge

**» PROMOTE IN YOUR SCHOOL OR LIBRARY!**

- Download the mobile app or share promo materials in a school or library orientation
- Add THW to your school or library's website
- Hang posters around your building—in the library, on bathroom doors, etc
- Put bookmarks at your circulation desk and on relevant bookshelves
- Feature THW in a school newspaper or school newsletter
- Make sure parents know about THW—share during back-to-school nights and parent/teacher conferences

**Visit the Librarian/Educator Resources page at [www.teenhealthandwellness.com/static/educatorresources](http://www.teenhealthandwellness.com/static/educatorresources) and sign up for our monthly newsletter for more ideas!**