Meet Teen Social & Emotional Needs

The Hard Facts:

• 1 in 5 teens lives with a mental health condition
• 37% of students with mental health conditions drop out of school
• 50% of all lifetime cases of mental illness begin by age 14

Skills to Positively Impact Outcomes:

• Foster Relationship Skills with articles on male and female friendships, dating, cross-cultural relationships, and family life
• Develop Responsible Decision-Making with helpful tips and strategies
• Nurture Growth Mindset by encouraging leadership, self-esteem, optimism, and confidence
• Encourage Empathy with Teen Voices: Create and share stories and videos by teens on kindness, self-esteem, and depression

“Ground-breaking... A+. The front-runner in health information for teens and a definite must-have.”
— School Library Journal

“Thoughtfully considered... An exemplary product for public libraries, high schools, and middle schools. It fills a much-needed niche.”
— VOYA (Voice of Youth Advocates)
Correlated to the CASEL (Collaborative for Academic, Social, and Emotional Learning) Standards

What’s New . . .

• **CASEL Core SEL Competencies** added to Curriculum Correlations.

• **Current Topics:** Covid-19, racism, bullying, suicide, opioid abuse, vaping, gender identity, school safety, budgeting & money management, family life, more.

• **Supports Guidance/Counseling** and school-to-work integration.

• **Trusted Source**...for hard-to-ask questions, including ask psychologist Dr. Jan feature on the homepage.

• **Crisis text lines** added to Hotlines.


• **EasyBib** and **NoodleTools** citation generators.

• **“Tell Your Story” feature:** Encourage empathy with stories by teens from around the world.

• **Students Create and Publish** video PSAs on issues they care about.

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“I teamed up with an English teacher for her “Teen in the World” class... We submitted over 20 videos. We will be doing this again. I can’t say enough good things about the “It’s Your Cause” Video Challenge!”

— Ruth Thoreson, Teacher Librarian

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